# Referral Criteria - Ear, Nose and Throat (ENT)

## Clinical Team
**Consultant Clinical Lead:** Mr Pravesh Kapoor, Specialist ENT Consultant  
**Dedicated MDT:** ENT Specialist Consultants, Senior Extended Scope Practitioner Audiologists and Physiotherapists, ENT Specialist Nurses

<table>
<thead>
<tr>
<th>Symptoms and Diagnoses Accepted</th>
<th>Ear</th>
<th>Nose</th>
<th>Throat</th>
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</table>
| **External Ear** | • Wax (after five days use of olive oil)  
• Foreign Body  
• Otitis Externa | | |  
| **Middle Ear** | • Tympanic Membrane disorders and perforation  
• Eustachian tube dysfunction, blocked, crackling, popping ear  
• Discharging ears secondary to Otitis Externa, Active Otitis Media, Cholesteatoma  
• Hearing loss due to any ear pathology  
• Otalgia | • Adenoid problems/causing nasal, ear symptoms  
• External nasal conditions causing structural problem e.g. nasal obstruction  
• Deviated nasal septum  
• All types of Rhinitis and Rhinosinusitis (allergic, non-allergic, infective including others) causing nasal symptoms  
• Nasal congestion, blockage and obstruction  
• Anterior or posterior nasal discharge  
• Excessive sneezing  
• Smell and taste disturbances  
• Facial pain and headaches related to nose and sinuses  
• Recurrent nose bleeds  
• Snoring | • Chronic sore throat  
• Laryngopharyngeal symptoms which may or may not be secondary to GORD  
• Throat/neck pain  
• Cough  
• Throat clearing  
• Excessive mucous in the throat  
• Globus, feeling of something in the throat  
• Hoarseness of voice  
• Choking attacks  
• Dysphagia  
• Hoarseness (requires chest X-ray prior to referral)  
• Dysphagia but without red flags |
| **Inner Ear** | • Unilateral hearing loss  
• Tinnitus-Pulsatile and Non-Pulsatile  
• Dizziness  
• Balance disorders | | |
| **Assessments, Treatments and Interventions Available** | **Specialist Clinical Assessment**  
**Audiograms/assessment of hearing as part of the ENT pathways on the day when possible.**  
**Balance rehabilitation**  
**Tinnitus management**  
**Microsuction**  
**Appropriate imaging including MRI and CT with or without contrast and X-ray**  
**Removal of foreign body (ear)** | **Specialist Clinical Assessment**  
**Appropriate imaging including MRI and CT with or without contrast and X-ray**  
**Allergy tests**  
**Cauterization for recurrent epistaxis**  
**Nasal endoscopy**  
**Office treatment for balance problems:**  
- pBPPV  
- Epley's manoeuvre  
- hBPPV  
- Barbecue manoeuvre | **Specialist Clinical Assessment**  
**Appropriate imaging including MRI and CT with or without contrast**  
**Nasal endoscopy**  
**Allergy tests** |

## Electronic Referral Service (e-RS)

<table>
<thead>
<tr>
<th>Speciality</th>
<th>Clinic Type</th>
<th>Service Name</th>
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</table>
| **Ear, Nose and Throat** | Not Otherwise Specified  
Tinnitus  
Balance / Dizziness  
Ear  
Snoring (not Sleep Apnoea)  
Nose / Sinus  
Not Otherwise Specified | Adult ENT Service - Salford NWCATS - Care UK |