

# Health Housing

## ARE YOU A TENANT OR A HOME OWNER? **FREE ADVICE SESSION ON**

Wednesday 23<sup>rd</sup> October 2018

Do you or your loved ones have:

- Asthma
- COPD
- Mobility issues
- Other long term health conditions

**These may be affected by your living conditions.**

- Poor housing conditions such as damp and mould?
- Property with no heating or hot water?
- Poorly maintained windows and doors or dangerous staircases?
- Struggling to live independently?
- Are you having issues with your landlord or Housing Association?
- Are you unable to maintain your own home?

**If the answer to any of these is YES,**

Colchester Borough Council is hosting a free drop in advice session at this surgery **North Colchester Health Care Centre, Turner Road, Colchester, Essex, CO4 5JR** on **Tuesday 23<sup>RD</sup> October 2018** between 10am and 3pm

For more information ask at reception or call The Health and Housing

Project 03300538035 or

email [healthandhousing@colchester.gov.uk](mailto:healthandhousing@colchester.gov.uk)

